



## RETREAT RATES

Arrival Day: Thursday, 6pm Check-in

Departure: Sunday, 12pm Check-out

Shared Accommodations:

6 per./rate: 7,181

5 per./rate: 5,994

3 Room Single Accommodations:

3 per./rate: 3,720

Single Queen Accommodation:

948

Single Twin Accommodation:

624

Retreat Fee includes:

Room (Qn or Tw) Accommodations,  
Event Services, Activity Supplies, &  
Complimentary Organic Meal Plan:

Assorted: Fruits, Nuts, Chips, Desserts,  
Charcuterie, Selected Seafood Items,  
Eggs, Avocado, Salsa, Seasonal  
Vegetables, Unenriched Breads, and  
Homemade Soups.

Assorted: Teas, Sprits, Water w/o  
additives, Homemade Juices, and  
Coffee.



## MANAGE YOUR REST WITH:

Nervous System Regulation

Kinesthetic Activity

Community & Earth Connection

Mindful Stillness, and

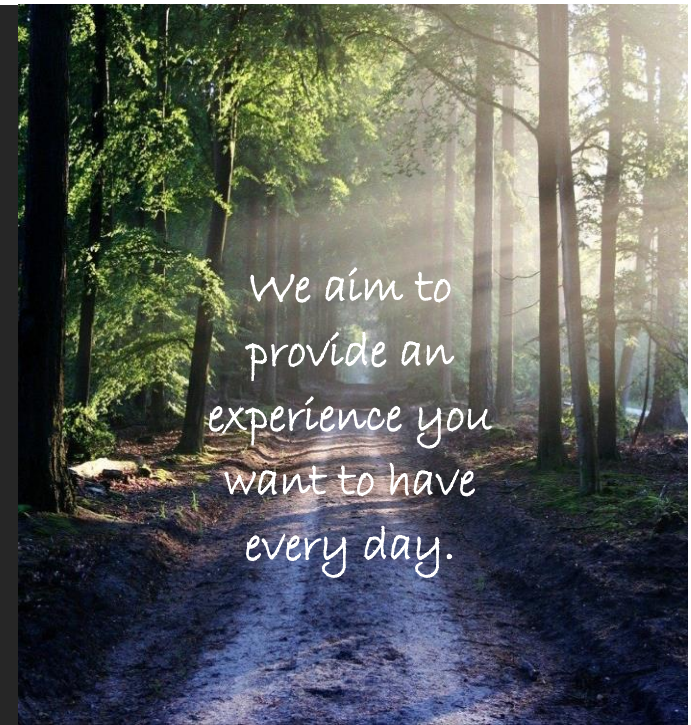
Healthy Food.



JOIN US TO CREATE YOUR AURA OF REST  
SAVANNAH, GEORGIA

313.649.5008

[WWW.TUTENTERPRISES.ORG](http://WWW.TUTENTERPRISES.ORG)



We aim to  
provide an  
experience you  
want to have  
every day.



# REST MANAGEMENT TRAINING (RMT)

RMT seeks to provide Retreaters with  
a guide toward

personal health awareness,

vision enlightenment, &

connection to self  
(mind, body, & spirit)

with resources to create a routine of  
rest through healthy eating, physical  
movement, mental and emotional  
group/one-on-one processing for an  
intentional approach to life.

RMT is facilitated by a Nationally  
Certified Licensed Professional  
Counselor with long-term Yoga  
Practice and local contractors.



House meals are prepared with a  
vegan, vegetable, pescatarian  
influence.

One dinner meal is a personal expense  
and is not included in standard retreat  
package.



Additional meals may be substituted  
as a personal expense depending on  
added excursions.

Chosen package plan may also dictate  
meal planning and distribution.



Please indicate allergies in  
reservation materials.

Dairy items provided upon request.



## ADD-ON SERVICES

### AIRPORT SERVICE

1 Pick-up/Drop-off \$60.00

### LUXURY SHUTTLE GROUP

Airport Service (1 P/u, D/o) \$175

### SELECTED ACTIVITIES:

Massage per/hr. (tip incl.) \$100

Mobile Rage Room  
(6-8 ppl. Fee) \$325

Dinner Dance  
per/person (Entry Fee) \$35

Local Instrumentalist  
(2 hr. min./tip not incl.) \$300

Horse Back-riding  
Savannah/H.H. Stables \$80+

**STANDARD FEES:**  
(Tips are nice, not necessary)

**CLEANING FEE**  
(std. in pkg.) \$180

**RETREAT GIFT**  
(std. in pkg.) \$25

